

SUPERINTENDENT'S REPORT

I, TOTEL, NEW, E TFE Á, LENENEØ LTE
(Learning Together from our Homeland)

ANNUAL PARENT ENGAGEMENT EVENING

January 14, 2026

Dave Eberwein



I, TŌTEL, NEW, E TŌE Á, LENENEĆ ŁTE (Learning Together from our Homeland)



Course Launch and Celebration

Stelly's Secondary

Course Launch and Celebration

I, TŌTEL, NEW, E TŌE Á, LENENEĆ ŁTE
Learning Together from Our Homelands

We invite you to join us as we celebrate the launch of I, TŌTEL, NEW, E TŌE Á, LENENEĆ ŁTE (Learning Together from Our Homelands).

This course was co-created by W̱SÁNEĆ Elders, Knowledge Keepers and community members and by Saanich District educators. The course honours the values, teachings, and perspectives of the W̱SÁNEĆ community and will be offered for the first time at Stelly's Secondary in February 2026.

Join us for an afternoon of celebration and community connection!

Date: Tuesday, January 13th, 2026

Time: 3:45 PM – 5:30 PM

Location: Stelly's Learning Commons

Following the celebration, please join us for refreshments.

SAANICH
SCHOOLS





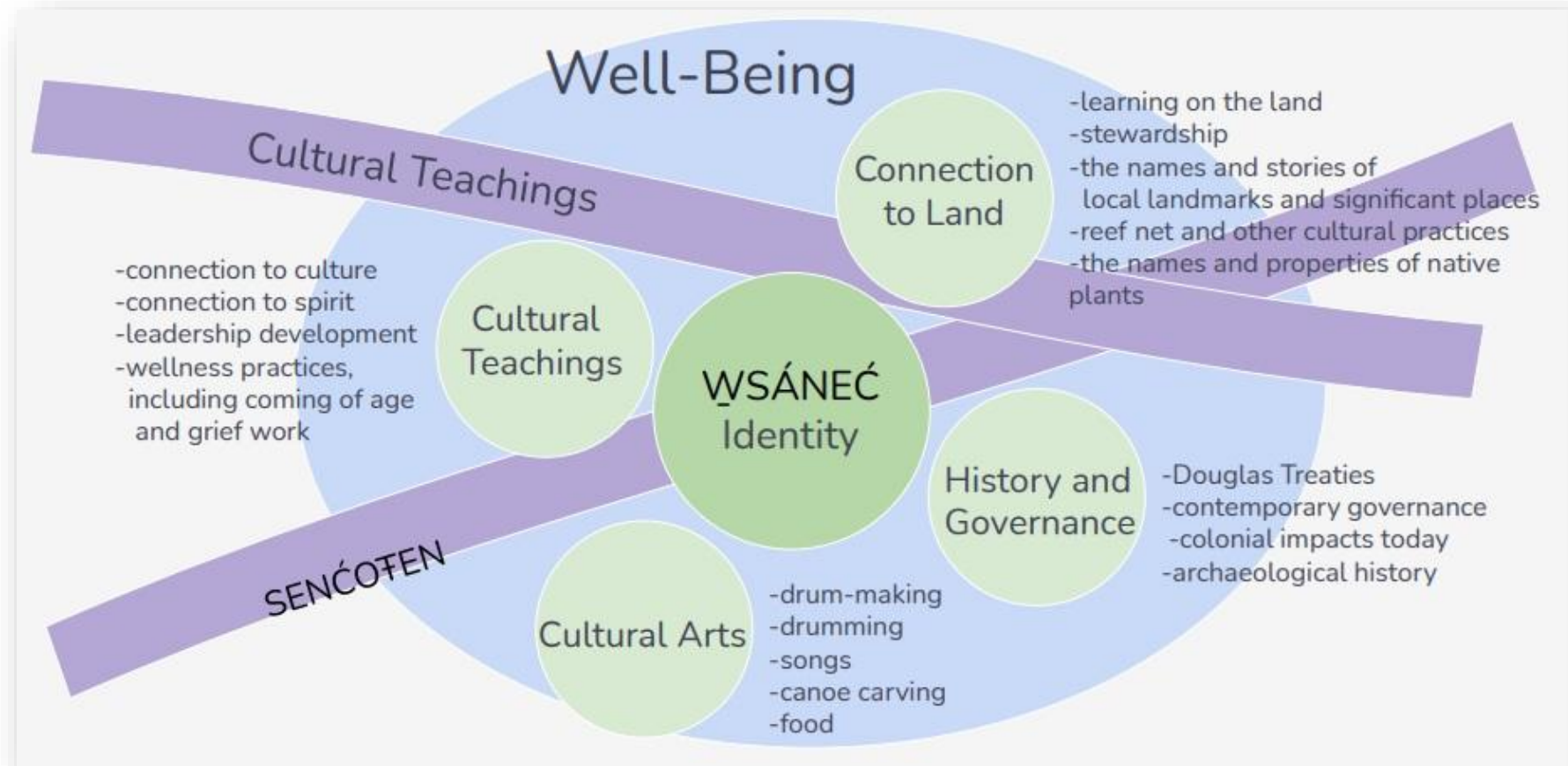
SANICH
SCHOOLS

I, TOTEŁ, NEW, E TFE Á, LENENEĆ ŁTE

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SANICH
SCHOOLS



ANNUAL PARENT ENGAGEMENT EVENING

Wed Jan 28th @ 7:00 pm



Virtual Parent Engagement Evening: Digital Wellness and Learning



Webinar

Details

Please join us **online** for the annual Saanich Schools Parent Engagement Evening on Wednesday, January 28th at 7:00 pm. This session will focus on digital wellness and healthy technology habits, and provide practical strategies for using technology to support and enhance student learning.

This event is by registration only. We look forward to you joining us for this informative evening.

Materials for parents and caregivers:

[Shannon's Digital Health Website](#)

[Media Smarts – Building Better Tech Habits: A Guide to Digital Well-being](#)

Register

Wed, Jan 28
7:00 PM - 8:30 PM PST
Online event

SAANICH
SCHOOLS

The Agenda

Guest Presentation

Shannon Husk

Technology for Learning

Saanich Schools

Q&A Session

Your questions answered



📄 Use Q&A feature
for questions

Event will be
recorded





FEATURED SPEAKER

Digital Wellness and Learning

Shannon Husk

Registered Clinical Counsellor

Gaming Clinician

Specialist in digital wellness

City University Instructor

Addictions, Grief, Brief Therapy, Group Counselling, Family Therapy, Psychopathology



Building Healthy Technology Habits



Screens Meet 6 Basic Needs



Focus on Content



Monitor and Set Boundaries



Balance Technology in Our Homes

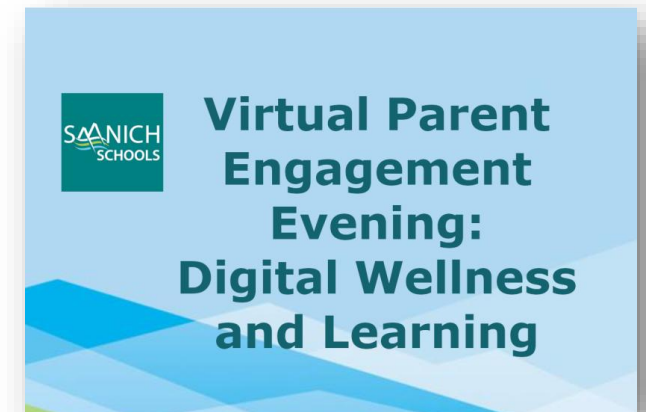
Supporting Healthy Development

-  **Technology Impacts Sleep**
-  **Healthy Sleep Practices**
-  **Family Wellness Strategies**



THE FORMAT ...

- Pre-registration required: [Parent Engagement Evening](#)
- An *MSTeams Presentation* event - moderated Q & A
- Slides to be available on the district website



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