

# SUPERINTENDENT'S REPORT

I,TOTEL,NEW,E TTE Á, LENENEȻ LTE  
(Learning Together from our Homeland)

ANNUAL PARENT ENGAGEMENT EVENING

January 14, 2026

Dave Eberwein



# I,TOTEL,NEW,E TŦE Á, LENENEĆ ŁTE (Learning Together from our Homeland)



Course Launch and Celebration

I,TOTEL,NEW,E TŦE Á,LENENEĆ ŁTE

Learning Together from Our Homelands

We invite you to join us as we celebrate the launch of  
I,TOTEL,NEW,E TŦE Á,LENENEĆ ŁTE (Learning Together  
from Our Homelands).

This course was co-created by WSÁNEĆ Elders, Knowledge  
Keepers and community members and by Saanich District  
educators. The course honours the values, teachings, and  
perspectives of the WSÁNEĆ community and will be offered  
for the first time at Stelly's Secondary in February 2026.

Join us for an afternoon of celebration and community  
connection!

Date: Tuesday, January 13th, 2026

Time: 3:45 PM – 5:30 PM

Location: Stelly's Learning Commons

Following the celebration, please join us for refreshments.

SAANICH  
SCHOOLS

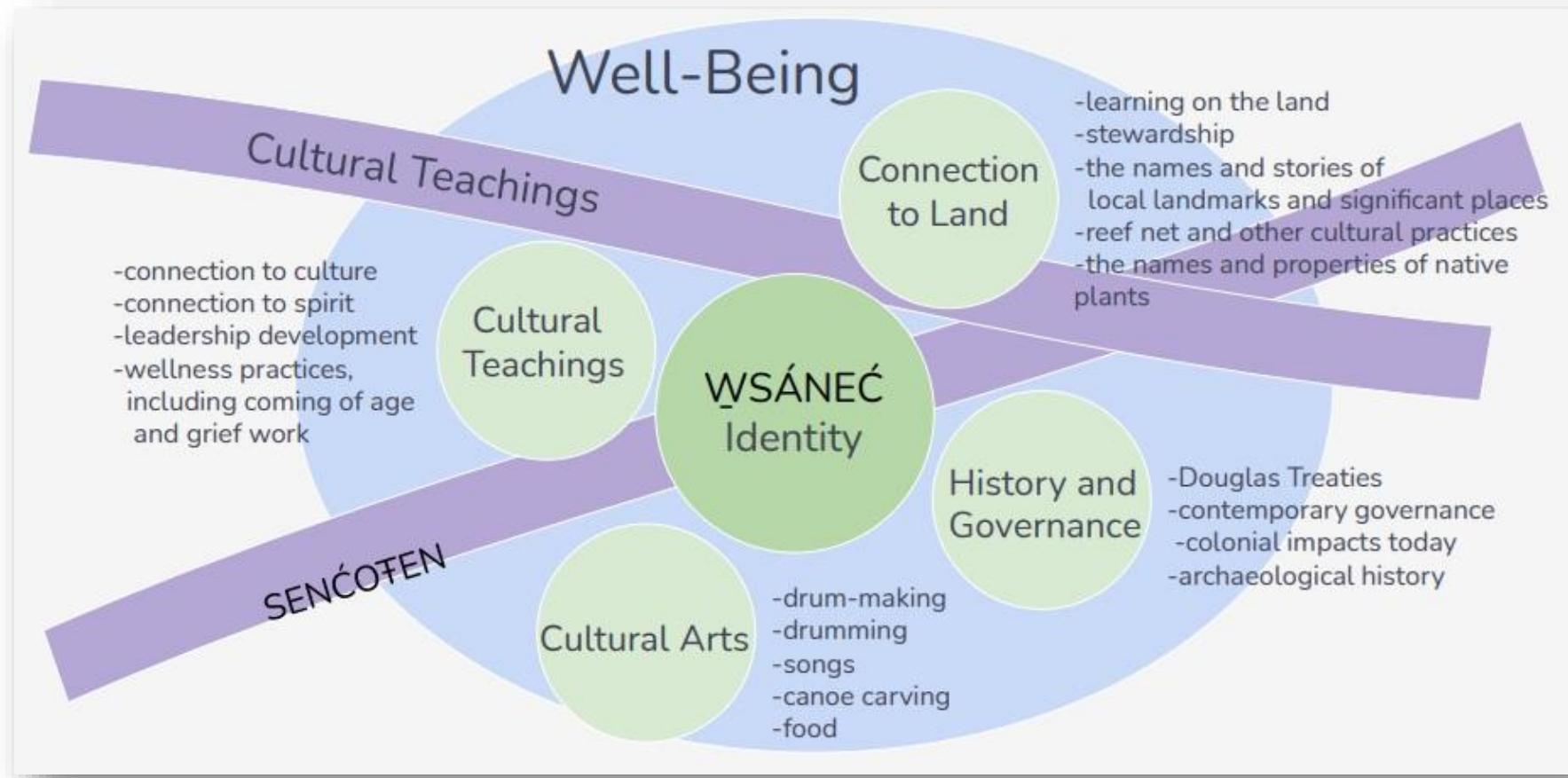






# I,TOTEL,NEW,E TTE Á, LENENEĆ ETE

## (Learning Together from our Homeland)





# ANNUAL PARENT ENGAGEMENT EVENING

Wed Jan 28<sup>th</sup> @ 7:00 pm



## Virtual Parent Engagement Evening: Digital Wellness and Learning



### Webinar

#### Details

Please join us **online** for the annual Saanich Schools Parent Engagement Evening on Wednesday, January 28th at 7:00 pm. This session will focus on digital wellness and healthy technology habits, and provide practical strategies for using technology to support and enhance student learning.

This event is by registration only. We look forward to you joining us for this informative evening.

Materials for parents and caregivers:

[Shannon's Digital Health Website](#)

[Media Smarts – Building Better Tech Habits: A Guide to Digital Well-being](#)

Register

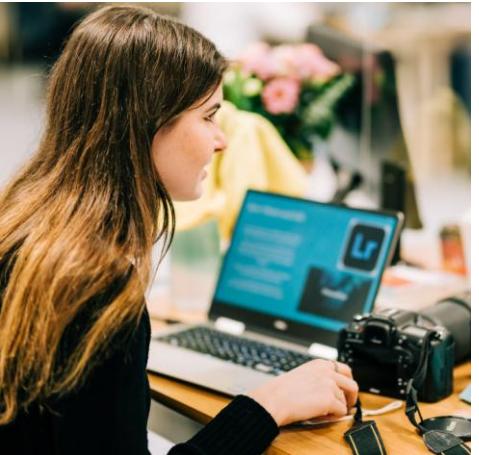
- Wed, Jan 28
- 7:00 PM - 8:30 PM PST
- Online event

# The Agenda

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## Guest Presentation

Shannon Husk



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## Technology for Learning

Saanich Schools

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## Q&A Session

Your questions answered

- Use Q&A feature for questions
- Event will be recorded



SAANICH  
SCHOOLS



FEATURED SPEAKER

# Digital Wellness and Learning

**Shannon Husk**

Registered Clinical Counsellor

**Gaming Clinician**

Specialist in digital wellness

**City University Instructor**

Addictions, Grief, Brief Therapy, Group Counselling, Family Therapy, Psychopathology



# Building Healthy Technology Habits



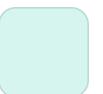
**Screens Meet 6 Basic Needs**

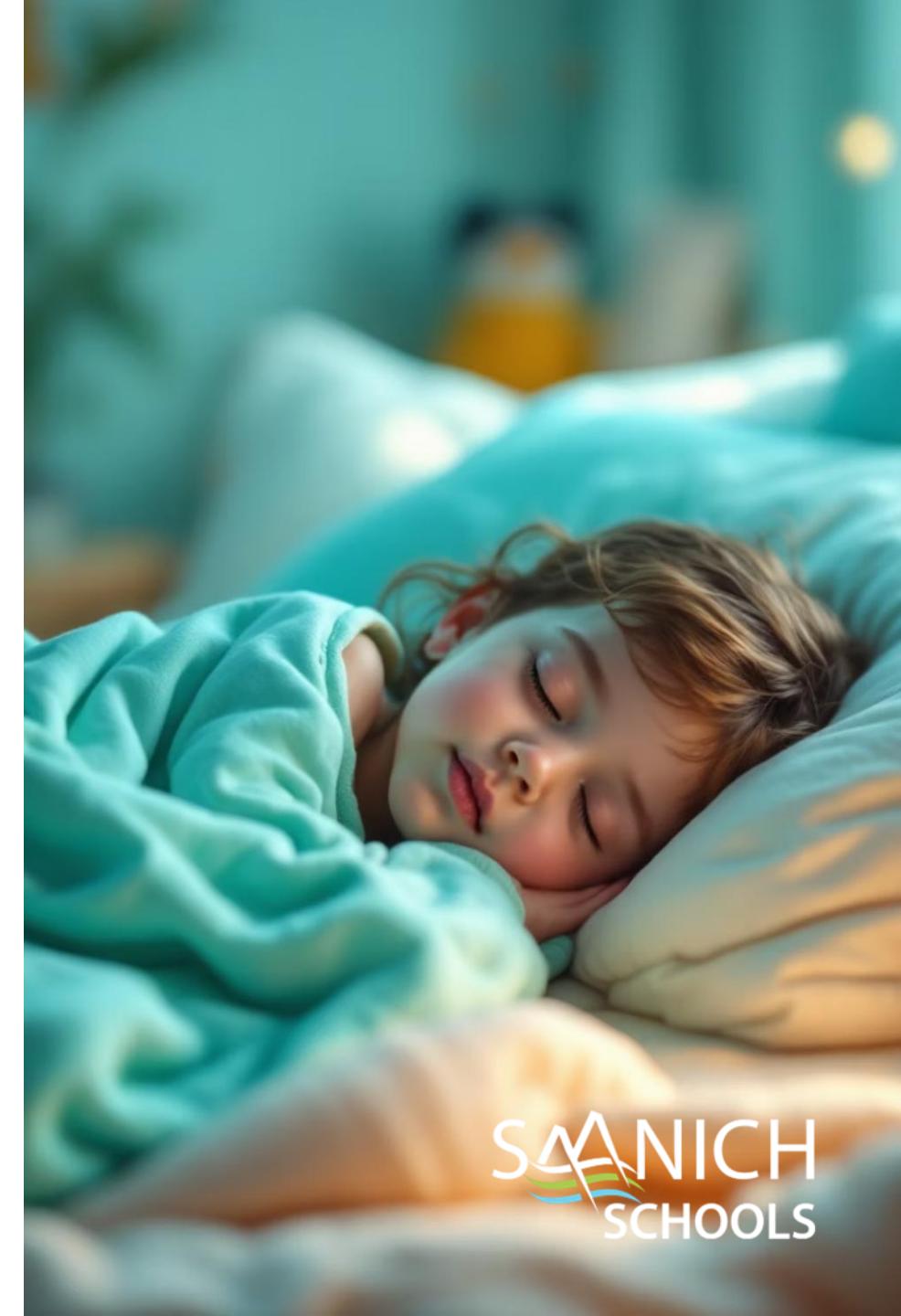
**Focus on Content**

**Monitor and Set Boundaries**

**Balance Technology in Our Homes**

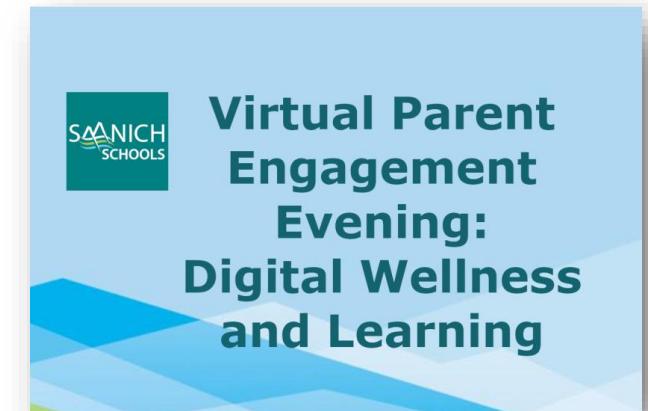
# Supporting Healthy Development

-  Technology Impacts Sleep
-  Healthy Sleep Practices
-  Family Wellness Strategies



## THE FORMAT ...

- Pre-registration required: [Parent Engagement Evening](#)
- An *MSTeams Presentation* event - moderated Q & A
- Slides to be available on the district website



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