

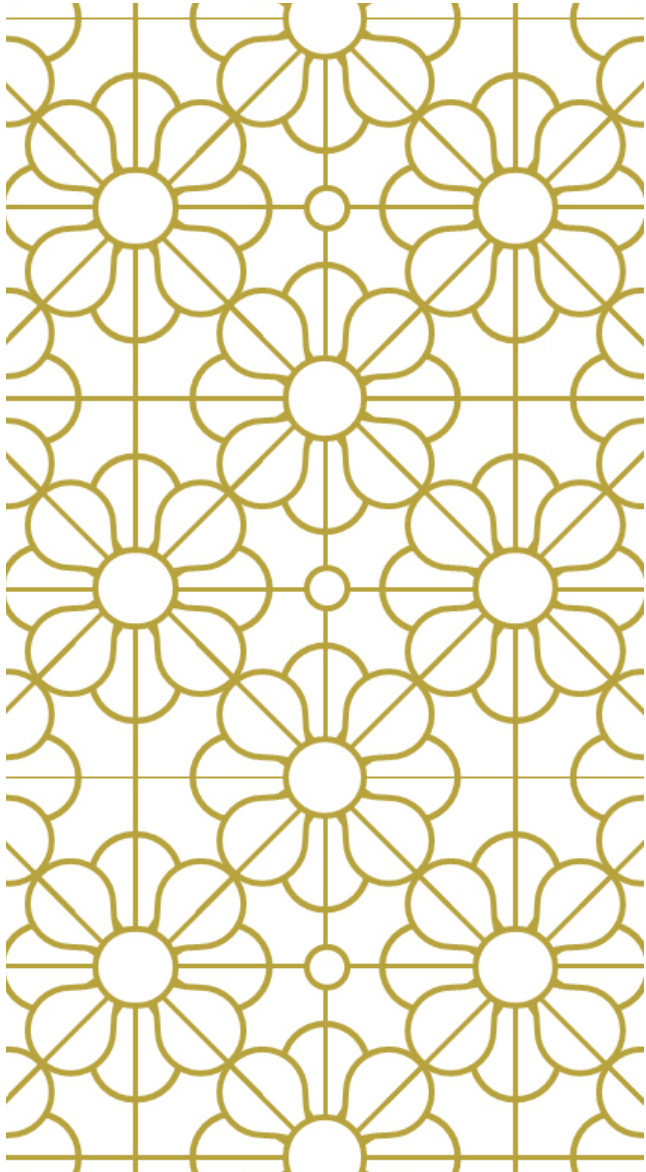


# FOOD SECURITY

Report for the Board  
May 19, 2021

# PROVINCIAL & REGIONAL DATA

- ❖ Indigenous communities report 3-5X higher household food insecurity compared with general Canadian population (Pacific-Maritime region of BC)  
*FNFNES Summary Report*
- ❖ 10% of youth in South Vancouver Island report going to bed hungry some of the time & 1% often or always  
*2018 Adolescent Health Survey*
- ❖ 12% of households in BC are food insecure—3% severe  
*Household Food Insecurity in Canada 2018*
- ❖ Throughout COVID, concern for food security is higher for families with children (14.3%) than those without (11.8%)—lower in the south Island than the rest of BC  
*BC Speak Survey, May 2021*



- Farm to School BC
- Victoria Foundation Rapid Relief Fund
- Beacon Community Services
- BC School Fruit and Vegetable Nutritional Program
- Variety of individual donors and/or community-based grants

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## COMMUNITY PARTNERSHIPS

# COVID SUPPORTS

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**Victoria Foundation grant**—\$12,000—*distributed to schools with high needs and to individual families (November—92 families March—115 families, June pending)*

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**Additional grant funds**—\$7500 (Victoria area community initiative)—*June distribution for food cards and individual school supports*

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**Support from Beacon Community Services**—*individual family support for food & housing & food card support (spring 2020)*

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**District Support**—*Individual family support for meals & gift cards (spring 2020)*

# SCHOOL GARDENS

- 14 schools have food gardens or other food growing systems (e.g. greenhouse, in-class) supported largely by staff who are passionate in this area.
- Where possible some of this food is incorporated into school food programs.

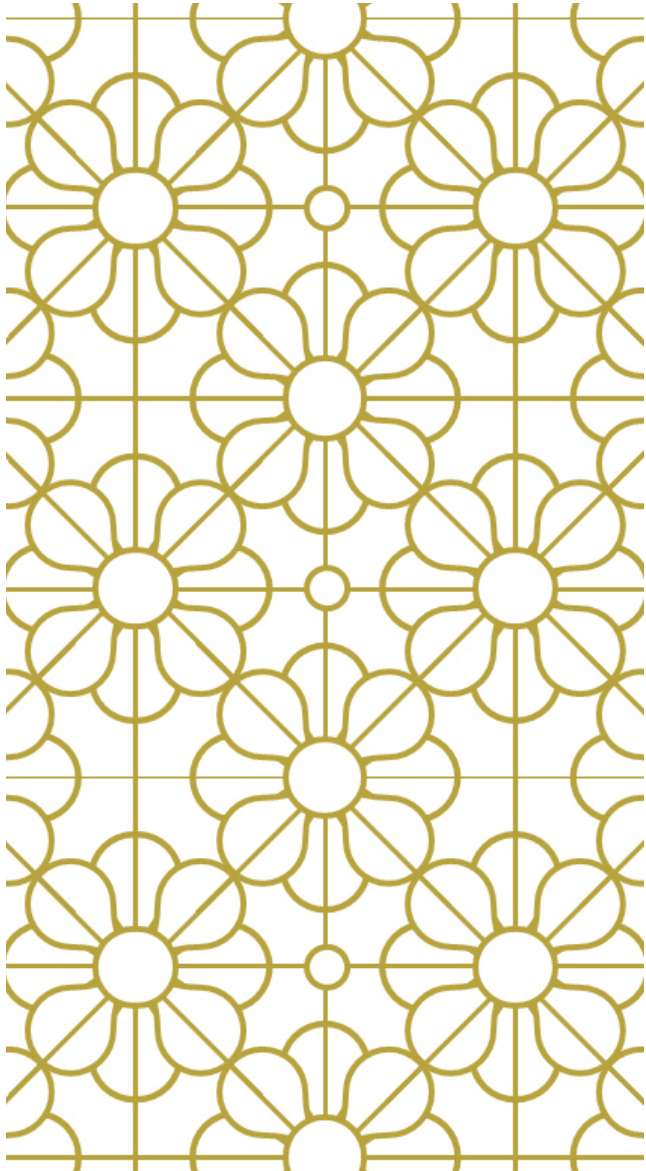


# MEAL & SNACK PROGRAMS

- The following school meal programs are offered:

Meal	1-5 Days/Week
Breakfast	11 schools
Lunch	14 schools
Snacks	14 schools

- All schools offer some supplementary food programs (snacks, breakfast, lunch) which may also include school fruit and vegetable programs, cafeteria service, individual student support in designated classrooms, and school-based food growing programs.
- Schools work closely with parents and community resources to identify students-in-need.
- Saanich Schools support approximately 450 students-in-need across the district.



❖ **First Nations Food Nutrition and Environment Study (FNFNES)**

[FNFNES](#)

❖ **2018 Adolescent Health Survey**

[2018 Adolescent Health Survey](#)

❖ **BC Speak Survey, May 2021**

[BC Speak Survey, May 2021](#)

❖ **Farm to School BC**

[Farm to School](#)

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**RESOURCES**