

# Saanich Schools Literacy Link

## Tools, Tips and Strategies to Support Literacy at Home



### January is Family Literacy Month

[Family Literacy Week](#) (January 25th- February 1st, 2026) is a province-wide celebration with events, activities, and contests for families at schools and libraries. Family Literacy Day is January 27th. This year's theme "Make mealtime family learning time."

### Make Mealtime Family Learning Time!



Celebrate family literacy week with the following activities in English, French, SENĆOTEN, or your home language.



#### Young Readers

Pretend play grocery shopping, cooking, eating.

Read books about healthy foods and eating.

Practice oral literacy and conversation skills by eating meals together.



#### Middle Readers

Write a grocery list together.

Have a kitchen or grocery store alphabet scavenger hunt.

Read recipes and prepare meals together. Create a menu and include descriptions of the different dishes.



#### Older Readers

Create a family cookbook of favourite recipes.

Explore and compare nutrition labels from different foods.

Combine literacy and numeracy by preparing a recipe by doubling or halving the ingredients.



### Celebrate "Read Your World Day" on January 29th

[Read Your World](#) is a non-profit whose mission is to raise awareness about children's books that celebrate diversity and inclusion, and to get more of these books into the hands of readers.

[Storybooks Canada](#) is a free, open educational resource that promotes literacy and language learning in homes, schools, and communities. Part of the Global Storybooks project, it makes 40 stories from the African Storybook available with text and audio in English, French, and the most widely spoken immigrant and refugee languages of Canada.